

Instruction for use

LUITPOLD PHARMA GMBH · Zielstattstraße 9 · 81379 München

Hirudoid[®] gel

Active agent: Mucopolysaccharide polysulphuric acid ester

for varicose veins, oedema, phlebitis and venous congestion, haematoma

Composition

100 g of gel contain:

Mucopolysaccharide polysulphuric acid ester	300 mg
(Organo-Heparinoid "LUITPOLD")	
corr. to	25000 U.*

Gel base

* Units determined by means of the activated partial thromboplastin time (APTT)

Indications

Large-surface treatment of varicose veins
phlebitis and venous congestions
contusions and bruises
oedema
haematoma and effusions

Dosage and mode of administration

Unless otherwise prescribed apply 3–5 cm of Hirudoid gel several times daily. Hirudoid gel contains alcohol (isopropyl alcohol) and should therefore not be brought into contact with open wounds, the eyes or mucous membranes. Hirudoid gel may also be used with advantage in combination with physiotherapies such as ionto- and phonophoresis. For iontophoresis the gel has to be applied under the cathode.

Notes

The drug should not be used after its expiry date. Medicaments should be kept out of reach of children.

Not to freeze but to keep below 30 °C.

Additional information

Properties

Mucopolysaccharide polysulphuric acid ester – the active ingredient of Hirudoid – speedily penetrates the skin and acts uniformly and persistently on the afflicted tissue.

Hirudoid gel achieves an anti-inflammatory and anti-thrombotic effect and

counteracts swellings. The local blood flow will be promoted. The feeling of tension and pain are rapidly abated. Swellings, effusions, and the feeling of heaviness in the legs recede.

The alleviating cooling effect of Hirudoid gel gives a especially pleasant feeling.





Presentation and package sizes

Commercial packs with 40 g of gel

Before the first use, the aluminium foil covering the opening of the tube is to be pierced with the thorn in the cap of the tube!

- To be sold in pharmacies only -

Dear patient,

Your physician has prescribed Hirudoid for the treatment of your venous disease. In the following you will find some information and advice on ways in which you can support this therapy. Avoid any additional strains which may promote your venous disease such as:

- excessive alcohol and cigarette consumption
- heavy food, an unbalanced diet, foods causing flatulence and constipation, overweight
- overheating of the body through sunbathing or excessive use of the sauna
- tight constrictive clothing, uncomfortable high heel shoes

Physical exercise is always beneficial! Standing and sitting for prolonged periods of time causes congestion and is a strain on your veins.

Do the following exercises as often as possible:

- jiggle your feet
- quickly move your feet up and down on the spot
- bend your toes and draw circles with your feet
- while sitting stretch out your legs, move the tips of your toes alternately in the direction of the floor and your body.

Walking, hiking, and especially swimming are natural forms of vascular training. Go up and down stairs as often as possible instead of taking the elevator.

We wish you a speedy recovery.

THIS IS A MEDICAMENT

- A drug is a product which acts on your health and its consumption could be dangerous when you do not follow the instructions.
- Follow strictly the doctor's prescriptions, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist know the medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

KEEP MEDICAMENT OUT OF REACH OF CHILDREN

Council of Arab Health Ministers and Union of Arab Pharmacists.



LUITPOLD PHARMA MÜNCHEN